



# SOFT RESTRAINTS

SUPERIOR • SOFTER • SAFER

Soft Restraint Belt® • Safe Holding System® • Soft Restraint Cuff® • Safer Emergency Enveloping Lifting Sling®

**Safer Handling provide humane, ethical, extensively reviewed and tested restraint equipment products, train the trainer programmes and consultancy.**



[www.safer-handling.co.uk](http://www.safer-handling.co.uk)

# THE Soft Restraint Kit®



Soft Restraint Kits are made to be sector specific (examples include Passenger Restraint Kits, Corrections & Custodial Kits, Trainer's Kits and ICU / ER Kits) and can include Soft Restraint Cuffs, Soft Restraint Belts, the Safe Holding System and the all new Safer Emergency Enveloping Lifting Sling.

Where required we can also include a range of metal alloy devices, including body belts.

All inclusive kits provide a softer, more humane alternative to prolonged manual holding through a modular range of lightweight, uniquely simple devices. Ergonomically designed to provide comfort for the person; but still provide optimum strength to the equipment.

Soft Restraints were designed and developed in the laboratory and in the field over the last twenty years, and have been improved based on customer feedback. Soft Restraints are a viable option for negating the requirement for prolonged manual restraint.

They are used in the following fields:

- Health Care & Specialist Hospitals
- Policing & Custodial
- Corrections & Juvenile
- Maritime & Aviation
- Security & Enforcement



Available in **Black** or **Blue**





# The Safer Holding System<sup>®</sup>

The Safer Handling, Safe Holding System is a Soft Restraint Belt with Soft-cuffs fixed in place.

Offering staff superior control where there is a need to safely hold, turn or transport a person, the SHS assists in the prevention of self-injurious behaviour. This enables the wearer a far greater degree of freedom to engage in meaningful activities as part of their rehabilitation or recovery programme.

The Safe Holding System offers a valuable stepping stone to transition wearers out of seclusion, long term segregation, or from more restrictive mechanical restraints whilst ensuring the safety of all.

Especially popular within the Learning Disability and Health Care environment, the Safer Handling Safe Holding System<sup>®</sup> can be used in conjunction with the Safer Handling Soft Restraint Belt<sup>®</sup> and Soft Restraint Cuff<sup>®</sup>



## The Soft Restraint Belt®

The Soft Restraint Belt has been designed and developed to offer staff superior control of a subject where there is a need to safely control, hold or transport a person. It provides a softer, more humane alternative to other intrusive methods of physical intervention. It is a lightweight, uniquely simple device, ergonomically designed to provide comfort for the person, whilst providing optimum strength to the belt. Often used in conjunction with our Soft Restraint Cuffs or even metal alloy restraints.

The SRB is proven to reduce injuries and subsequent litigation and provides the least intrusive option to staff using manual holds. The SRB can be used to negate the need to hold someone in manual restraint and gives the effect of 'putting handles' on the body, allowing upper and lower torso control of a violent, injured or passive subject. This allows them to be held, carried and moved with ease, ensuring compliance with Health & Safety Manual Handling Regulations. Used by numerous professions, its intended purpose is to provide a protective, temporary restraining device for staff that have the potential to handle, control, restrain, and move challenging or injured individuals in the course of their employment. The SRB is intended to be applied to assist in the removal of a person from the prone face down position as soon as possible.

The capability of moving and transporting individuals as well as the use by police in booking/intake areas, transports to court, for Correctional Emergency Response Teams, Emergency Medical Teams, Paramedics and Hospitals, have made Soft Restraint Belts one of the fastest accepted devices ever developed for professions who manage behaviour that challenges.

With the Soft Restraint Belt being utilised by numerous professions, it provides tremendous court credibility for those employing its techniques.







## The Soft Restraint Cuff®

The Soft Restraint Cuff has been designed and developed over many years and offers staff a vital tool in the risk reduction toolbox where there is a need to safely hold, control or transport a person. It provides a softer more humane alternative to metal handcuffs. Metal and plastic cuffs lack flexibility and often have edges which frequently result in injury, such as fractures, soft tissue injuries and handcuffing neuropathy.

Weighing less than one pound, Soft Restraint Cuffs are manufactured from a tough cloth, wraparound Velcro and reinforced nylon composite buckles with a small amount of 'give' to prevent over tightening. Especially popular within the Health Care environment, the SRC can be used in conjunction with the Soft Restraint Belt.

The SRC has been shown to assist in custodial environments with clinical interventions to safely manage the taking of fluids, to aid with NG tube feeds and for scans or x-rays. The SRC provides a less invasive alternative to prolonged manual holding, especially during procedures and treatments or where a person is frail or has adverse skin, tissue or bone conditions. Soft-cuffs can be used in conjunction with the Soft Restraint Belt and are used internationally and here at home with multiple case studies and care plans ready to be implemented.

The SRC allows for wrists that do not fit into regular handcuffs to be restrained securely. Too big or too small the SRC fits them all.

The SRC has a 'secure and lock' locking method for added security, but purposely does not feature any keys or locks, which aids quick release and promotes our ethos of not leaving subjects unattended once restrained.



# SAFETY

# CUFF

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Introducing the latest addition to the Safer-Handling range of Soft-restraints, specifically designed as an alternative to prolonged restraint, to enhance patient and staff safety during clinical holding and to aid with detention/transportation of vulnerable individuals.

The Safety Cuff® is a variation on our widely used Softcuff wrist restraint, specifically designed for Custodial, Psychiatric, Correctional and Juvenile detention settings.

Titled as 'Revolutionary, not evolutionary' the Safety Cuff® offers safer, versatile and less invasive alternatives to traditional alloy and metallic restraints or the act of prolonged restraint.

The Safety Cuff® has over the last two years been subject to rigorous legal, medical and tactical scrutiny here in the United Kingdom. Developed with Instructors from the National training team, in response to their drive to reduce restrictive practices to minimise the use of pain inducing techniques whilst maintaining safety and the protection of staff, and those detained.

The findings of our collaborative research and testing, resulted in the following adaptations and improvements to create the Safety Cuff®:

- one unit, with fixed hook and loop components that enable a quick release option in the event of medical emergency, without compromising on safety
- wider central grip allows for a greater level of control and comfort
- categorised as 'Mechanical Restraints, 'the Safety Cuff® is appropriate for those subject to Ministerial special controls.
- tested against European, International and National standards for safety and durability
- constructed using repellent and antimicrobial Microgard fabric and webbing
- accompanied by policy, procedure, specialist training and online support



**For further information on the Safety Cuff®, Softcuffs® or other components of our specialist Soft Restraint kit, please register your interest below. Take that first step on the journey of investing in the future safety of your facility, your staff and those in your care.**



**Defend Solutions Ltd** Cotton Court, Church St, Preston, Lancashire PR1 3BY, UK  
Company Number: 08847025 VAT Number: I79376750



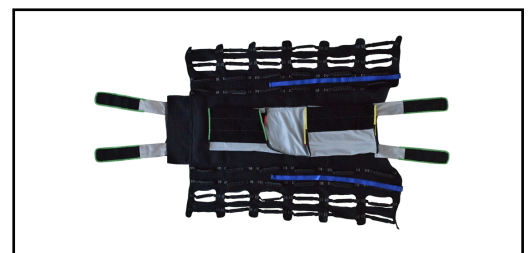
## Safer Emergency Enveloping Lifting Sling (SEELS)<sup>®</sup>

The SEELS is a piece of specialist lifting equipment to be used to lift and carry a person between locations. The SEELS may be used for emergency evacuation, where there is an urgent need to move a casualty away from danger, e.g. fire, to safely move a person where Soft Restraint Belts (SRB's) are in use or, where a handcuffed person may be placed at risk by being lifted unaided.

The SEELS is a CE marked medical device made by our trusted UK manufacturer. Specially made from breathable material with a low friction fabric added to the outside which facilitates easy application of the sling.

Tough, washable and durable, the SEELS is an invaluable asset to anyone planning to manage the safe transport or relocation of larger, potentially combative persons, as part of your crisis management plan.

Featuring a simplistic traffic light system and multi-tiered ergonomic handles, the SEELS allows multiple staff members to aid with what could potentially be a hazardous manual handling activity.







Safer Handling Soft Restraint products are routinely subject to legal and medical reviews by leading UK experts and are technologically tested and comply with ISO 10535.

By scrutinising data provided from various reporting processes over three decades, it has been possible to identify particular hazards with people who continue to offer resistance during restraint, and also after the application of handcuffs. This often resulted in injury to themselves, staff and sometimes considerable damage to property. It is widely acknowledged that one of the main risks to life from physical restraint is the risk of death from positional asphyxia, which can be brought on by many factors including a prolonged struggle, medical conditions and holding a person for extended periods of time. Particular concerns have been raised regarding the use of the prone position especially if pressure or weight is applied during the intervention. All of our products are designed to quickly end the act of holding someone in the prone position.

The Safer Handling Soft Restraint Train the Trainer programme is bespoke to ensure courses are profession and sector specific. Safer Handling, Soft Restraint equipment is not and will not be issued or sold without customers passing our stringent quality assurance measures. As such, we only supply equipment where evidence of competency and certified training is provided.

Safer Handling Soft Restraint equipment is used globally, is supported by various national guidance documents governing their use, by a High Court Ruling and has been cited in coronial enquiries and court advisories as best practice across multiple continents.



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