



COURSE TITLE

Managing Behaviour that Challenges, PBS and Physical Intervention

DURATION

2 days (9am to 4pm)

COURSE AIM

The aim of this course is to instruct participants, who may be exposed to the risks of physical violence or from behaviour that challenges in the underpinning legal knowledge and physical skills necessary furnishing them with the knowledge, understanding and skills learners need to undertake appropriate and effective physical Intervention to an intermediate standard ensuring the safety of themselves, their colleagues and other service users.

In accordance with The European convention on Human Rights, The Criminal Law Act 1967 and The Health and Safety at Work Act 1974.

COURSE OBJECTIVES

To achieve a successful pass in this course learners will be expected to:

- Understand the Law in relation to the use of physical force for personal defence of self and others.
- Demonstrate the appropriate and effective physical skills for the purpose of breaking away and defending oneself.
- Understand Reasonable Force in relation to physical restraint by reference to Common & Criminal Law.
- Examine the requirements of Health and Safety statute and associated Regulations and show how they apply to physical intervention.
- Evaluate the risks associated with physical intervention and explore how to minimise those risks.
- Differentiate between holding, escorting, guiding and non-harmful seated restraint techniques and how to apply them.



- Demonstrate and explain how to gradually de-escalate and relax restraint to allow the subject being restrained to regain self-control.
- Explore the risks associated with alcohol and drugs, knives and other forms of edged weapons in relation to the use of physical intervention.
- Investigate the difference between non-harmful methods of control and more restrictive methods of control and when the use of such methods would be considered appropriate.

Day 1

Positive Behaviour Support deals with managing behaviour that challenges and de-escalation – this includes sector specific role play and is always based around the client’s workplace and their individual challenges.

Day 2

Will start with a Restraint Reduction Legal Briefing followed by low-level Physical Skills including Breakaway and Disengagement.

Bespoke Training

All our training is bespoke and relevant to your sector and work area and thus if there is anything further you wish to be included or otherwise please call me to discuss.

Cost

For a bespoke quote please contact us.